



BANYULS  
11 - 12  
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# A LONG TERME, L'INGESTION DE MICROPLASTIQUES NUIT À LA CROISSANCE ET À LA REPRODUCTION CHEZ LES POISSONS

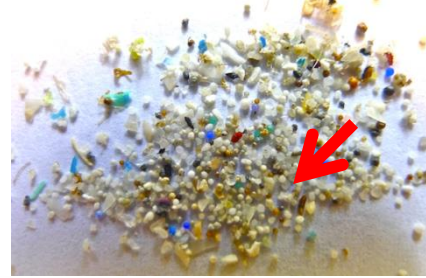
**Xavier COUSIN**  
**UMR MARBEC**



# Microplastics in the environment



- $1 \text{ nm} < \text{nano} < 1 \text{ }\mu\text{m} < \text{microplastic} < 5 \text{ mm} < \text{macro}$

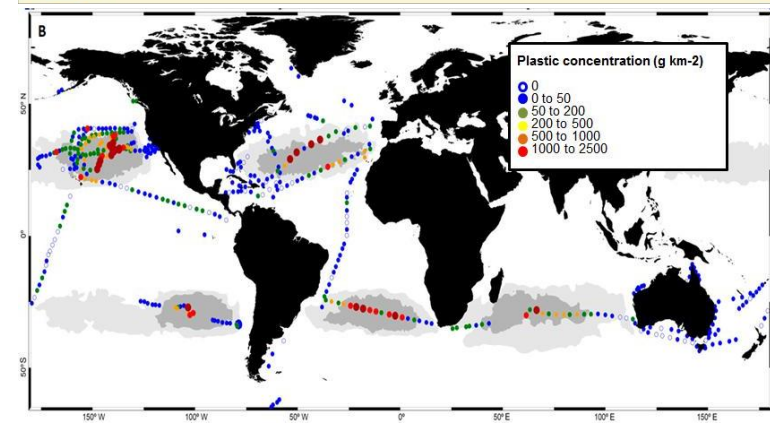
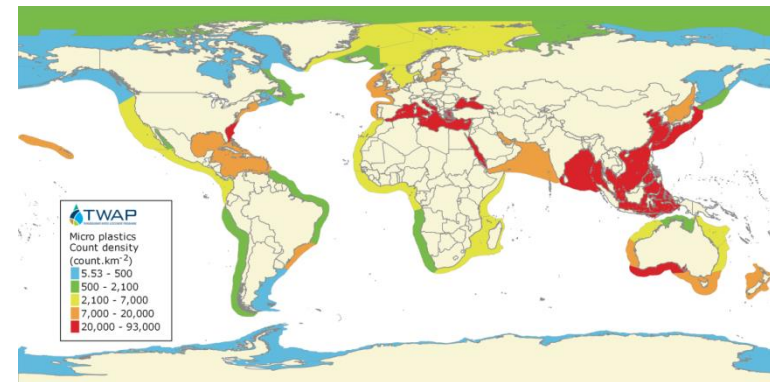


- MPs are very diverse
  - shapes (particles, beads, fibres...)
  - plastic types (HDPE, LDPE, PVC, PS...) + biodegradables
  - additives (flame retardant, dye...)

# Microplastics in the environment



- Multiple sources
- Ubiquitous distribution in aquatic environment
- Most studies are focused on water compartment of marine environment but the same issues occurred in freshwater
- Sediment is an underestimated compartment

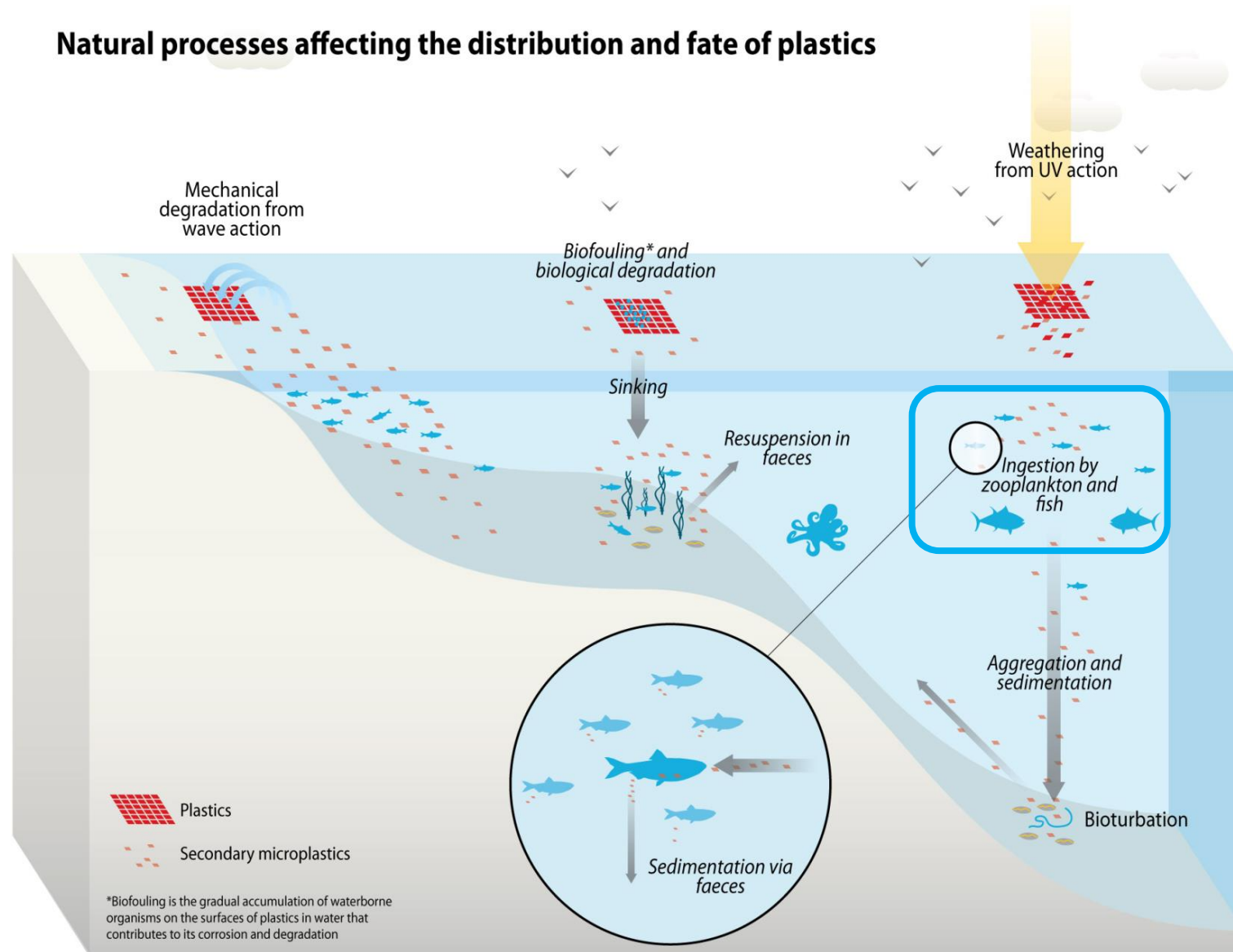


TWAP Large Marine Ecosystems Indicators (2015)  
Cozar et al. (2014) *PNAS* **111**, 10239–10244  
Browne et al. (2011) *Environ Sci Technol* **45**, 9175–9179

# Microplastics in the environment



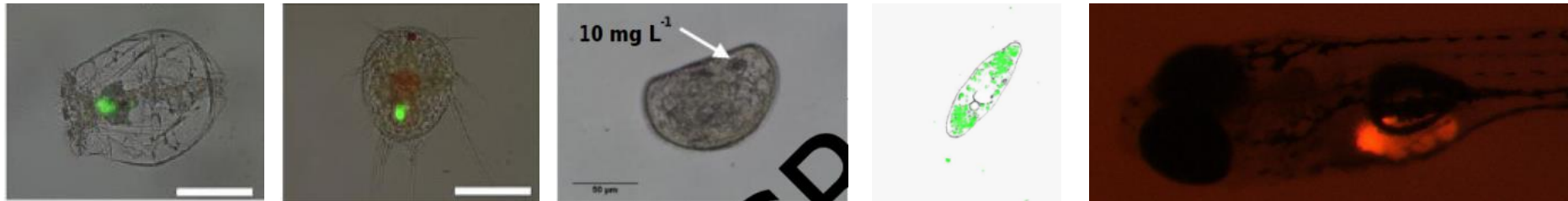
## Natural processes affecting the distribution and fate of plastics



# Direct uptake of MPs



- All tested organisms were able to ingest MPs



- 10-20 µm seems to be the upper limit for plankton
- No internalisation for cells in culture or microalgae
  - In the micrometer range
- Size, shape, weathering seem to influence uptake
- Egestion is often fast (within hours) and evidences for translocation are debated
  - Translocation seems to be limited to some organisms
  - Translocation seems limited to the smallest MPs or NPs

# Importance/relevance of trophic transfer for MPs uptake?

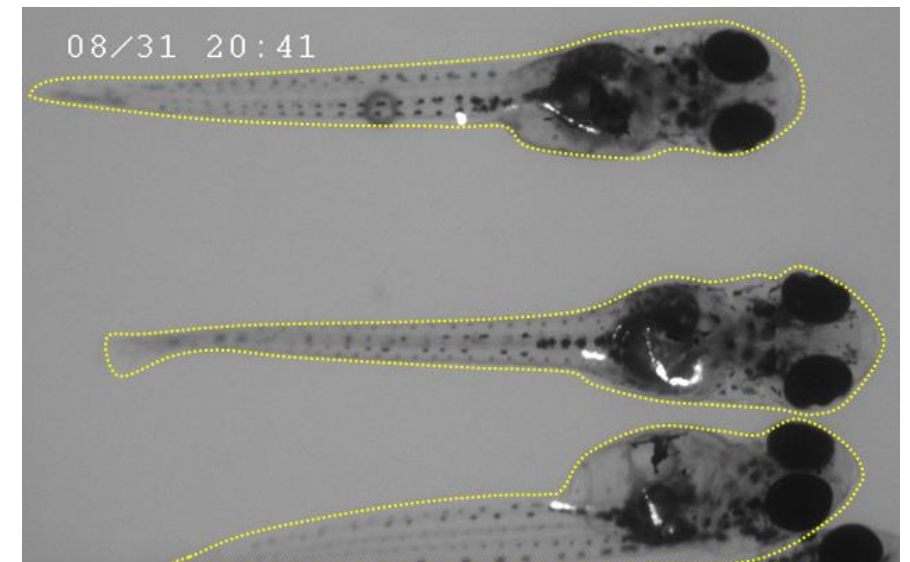
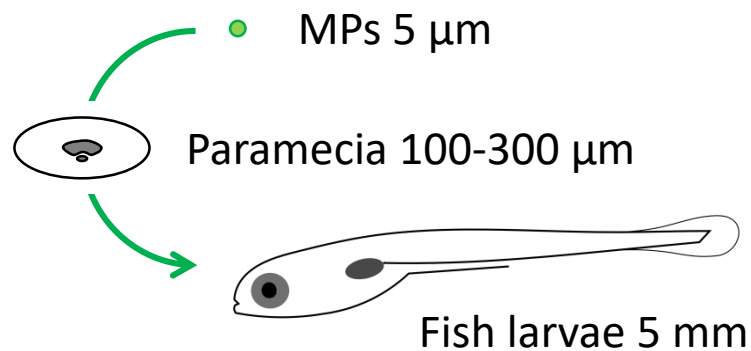


- Preys can act as a funnel delivering high amounts of MPs
- and transport across compartments act as a new source of MPs (e.g. sediment → plankton → pelagic)
- May be important for some organisms or life stages (e.g. fish larvae)

# Importance/relevance of trophic transfer for MPs uptake?



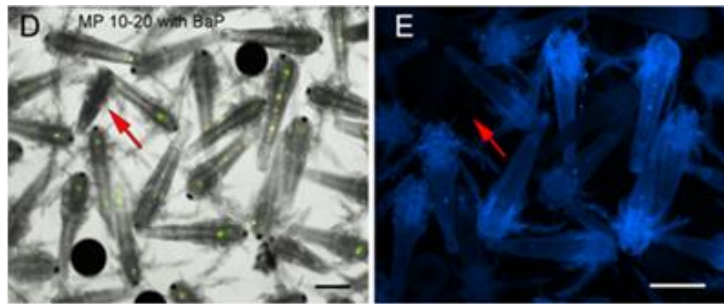
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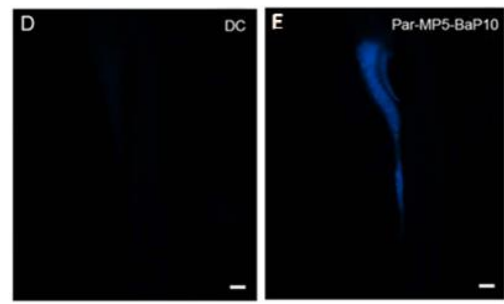
# Can MPs act as vector for pollutants?



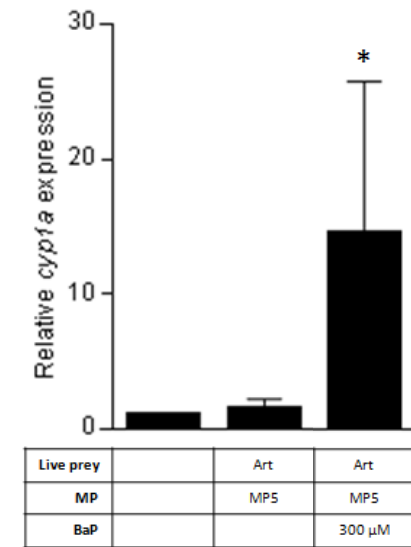
- Beyond additives, many chemicals can adsorb to MPs
- Mechanisms underlying adsorption and desorption inside organisms remain largely unknown
- Chemicals can be delivered to organisms by MPs
- Chemicals may be "pre"-desorbed in preys



BaP desorption in prey



BaP transfer to larvae through food chain



BaP is bioavailable in fish larvae

Batel et al. (2016) *Environ Toxicol Chem* **35**,1656-66.  
Cousin et al. (2020) *Mar Environ Res* **161**, 105126



# Regulatory (acute) toxicity tests



Organisms		Methods	Size (µm)	LOEC (mg/L)
Rotifer	<i>Brachionus plicatilis</i>	ASTM	1-4	1
			4-6	>10*
Copepod	<i>Tigriopus fulvus</i>	ISO 14669	1-4	1
			4-6	>10*
Copepod	<i>Acartia clausi</i>	ISO 14669	4-6	>30*
Mussel	<i>Mytilus galloprovincialis</i>	ISO 17244	1-4, 4-6, 6-8.5, 11-13	>100*
			<63	>100*
Sea urchin	<i>Paracentrotus lividus</i>		4-6, 11-15	100*
			<40	>100*
Fish	<i>Oryzias melastigma</i>	OECD 212	4-6	>10*

\* Maximum tested concentration

→ No toxicity using acute tests  
→ No toxicity at environmental concentration

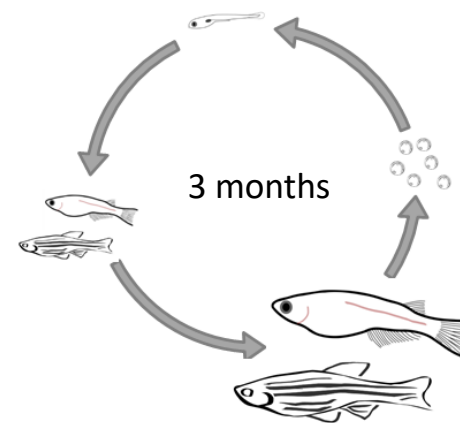
# Evaluation of chronic toxicity



- Industrial microplastics
  - LDPE 2-10  $\mu\text{m}$  (Micropowders Inc.)
  - PVC 80-200  $\mu\text{m}$  (Fainplast Srl.)
- Spiked with three chemicals

Plastic types	Control	+ perfluorooctane sulfonic acid	+ benzo[a]pyrene	+ benzophenone-3
PE	PE-MP	PE-PFOS	PE-BaP	PE-BP3
PVC	PVC-MP	PVC-PFOS	PVC-BaP	PVC-BP3

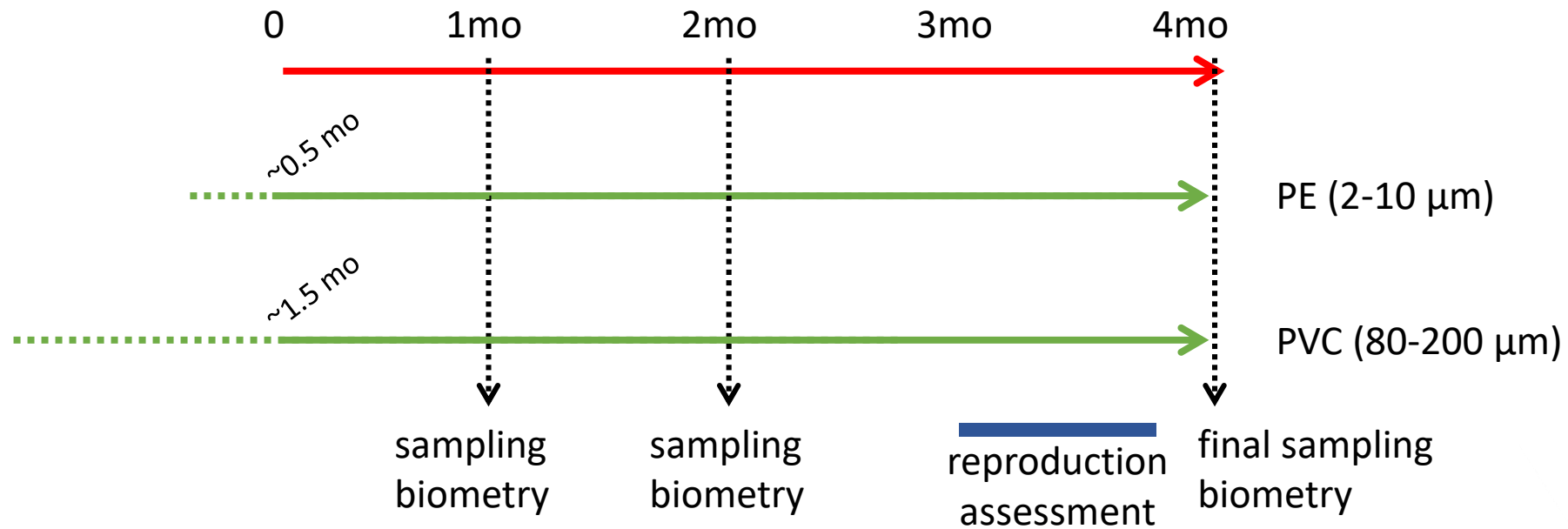
- Two short-life cycle model species
  - Zebrafish (*Danio rerio*)
  - Marine medaka (*Oryzias melastigma*)



# Long-term exposure



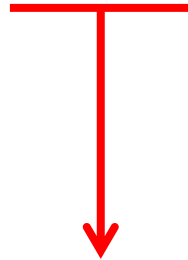
- Dietary exposure over 4 months
  - Spiking of diet (food pellets 100-400  $\mu\text{m}$ ) at 1% w/w
  - Exposure schedule according to MPs size



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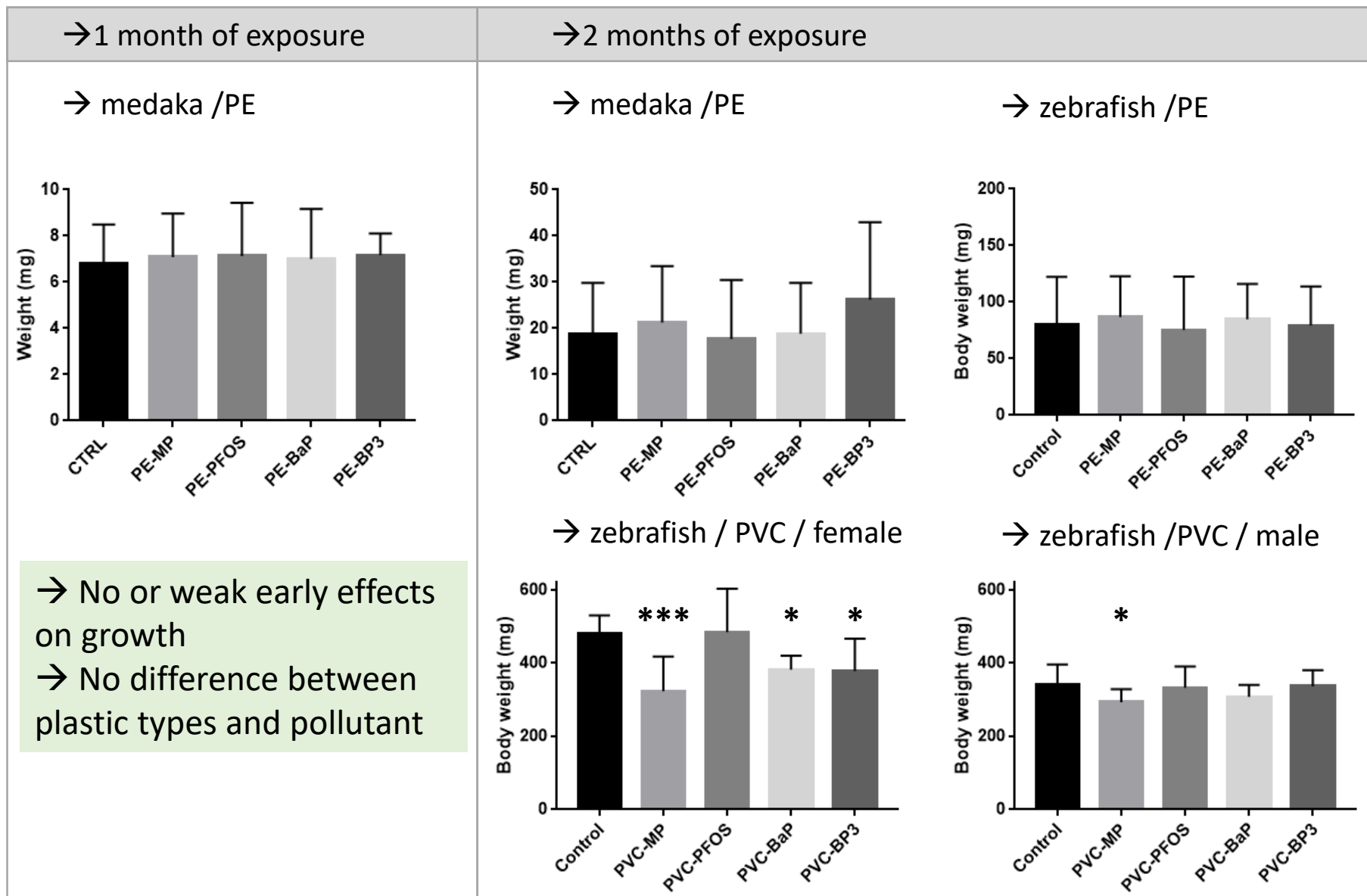
Automated flow-through system with 30% of daily water renewal

This means:

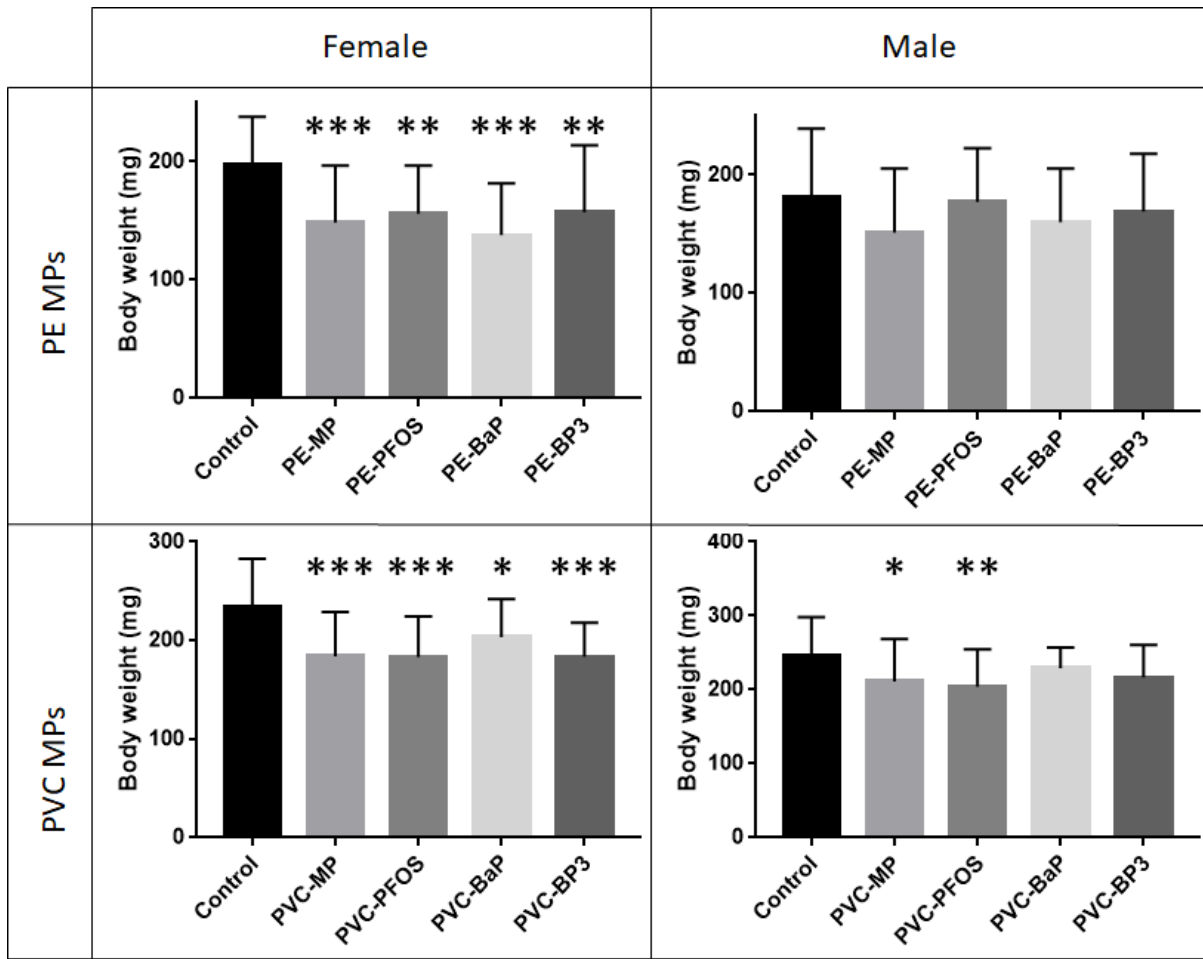
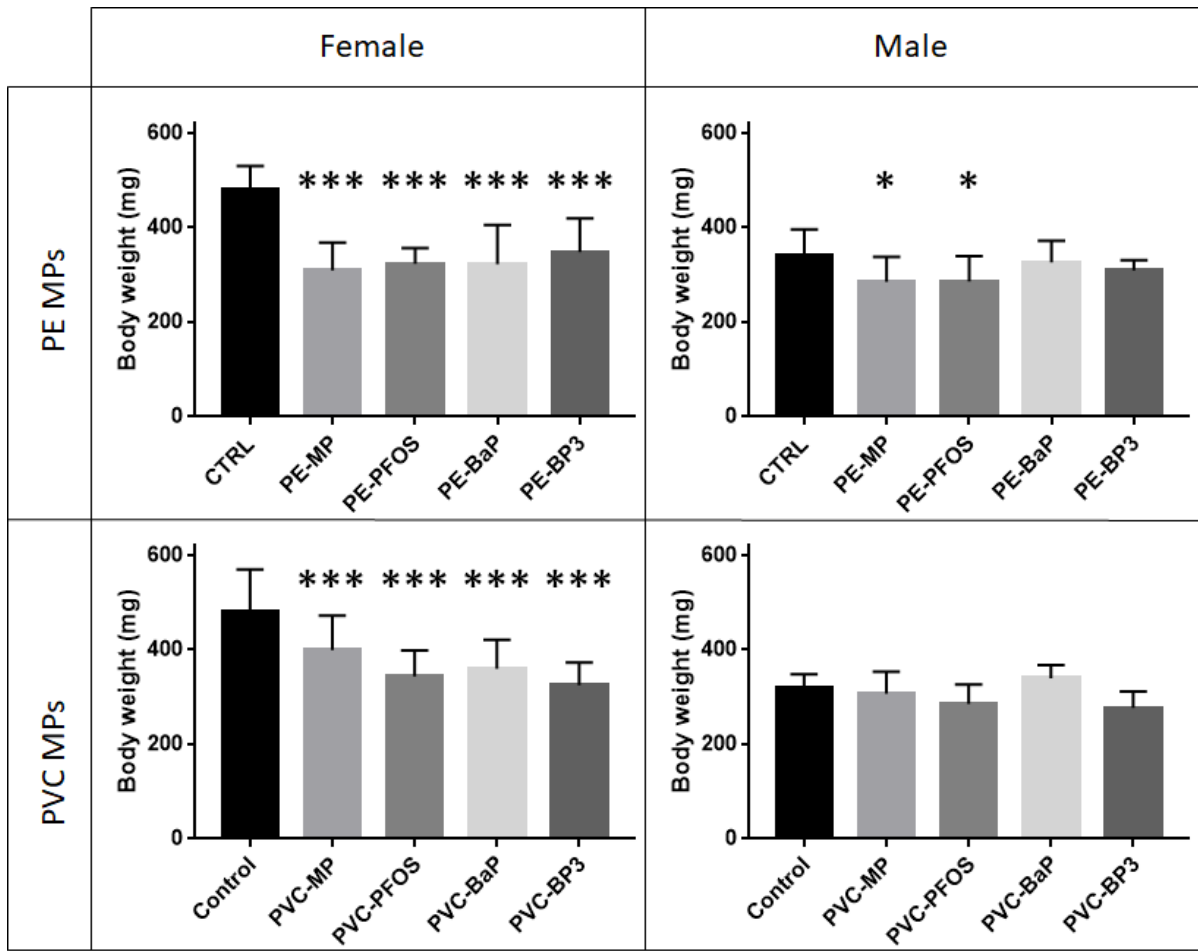
- **1.5-3.5 particles** of 330x330x330  $\mu\text{m}$  per individual per day for adults



# No or weak early disruption of growth

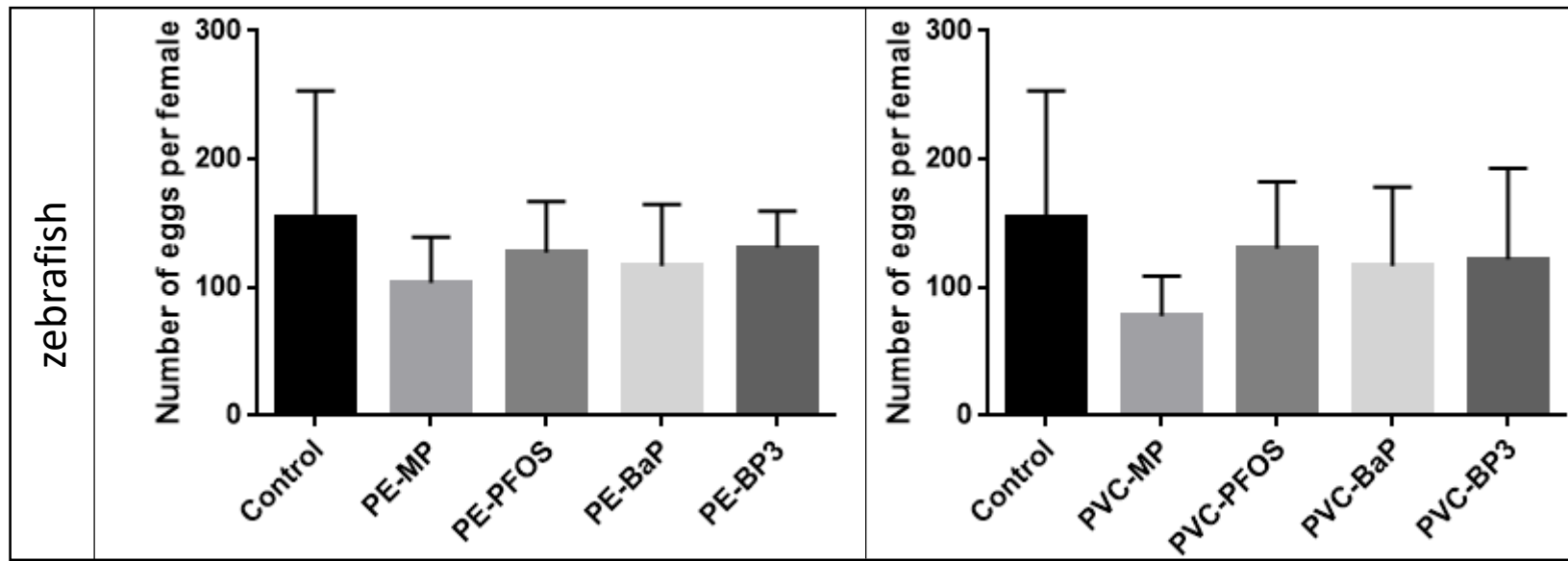


# Disruption of growth after 4 months



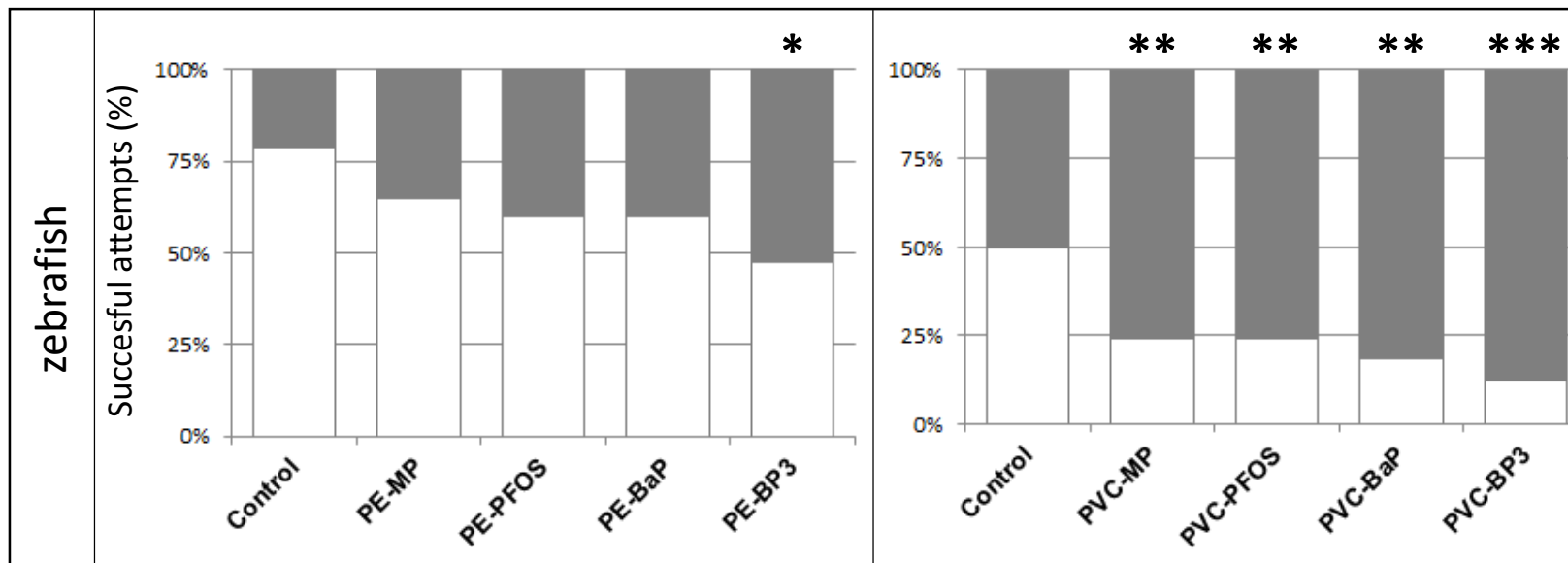
→ Long term decrease in females (20-35%) in both species  
 → No difference between MPs

# Consequences on reproduction - zebrafish



→ No change in number of eggs per female = spawn size

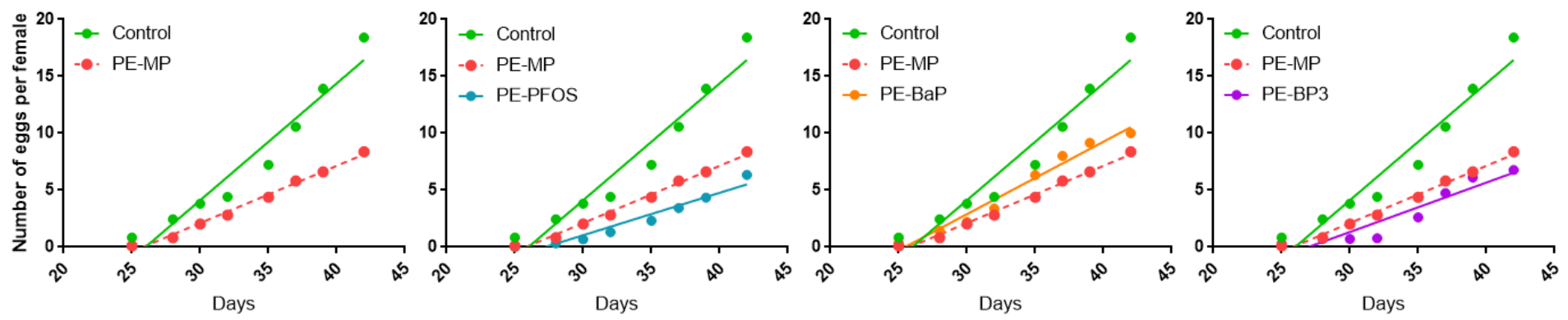
# Consequences on reproduction - zebrafish



- Massive diminution of the number of spawns
  - Decrease in reproductive output
- Difference depending on plastic type
- Difference depending on chemicals



# Consequences on reproduction - medaka

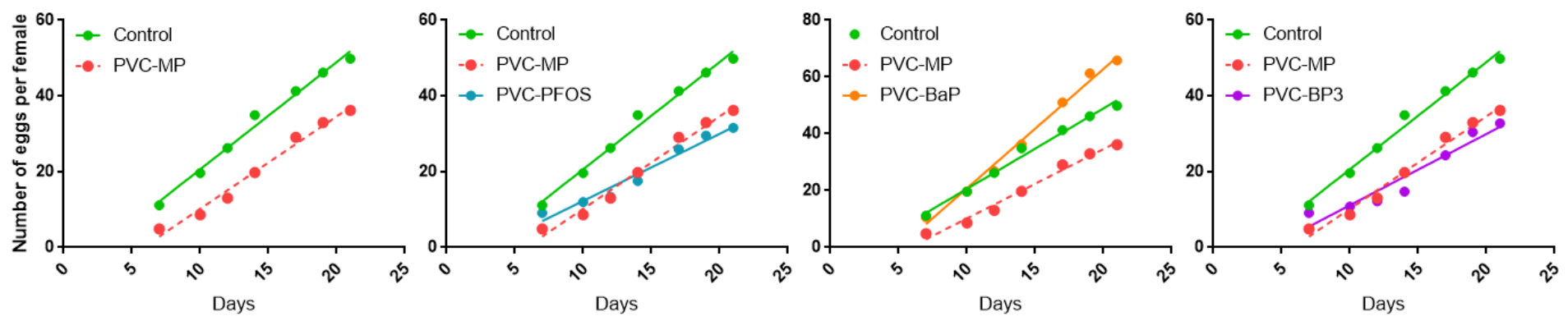


PE-MP ↘↘

PE-PFOS ↘↘↘

PE-BaP ↘

PE-BP3 ↘↘



PVC-PFOS ↘

PVC-BaP ↗

PVC-BP3 ↘

→ Significant decrease in eggs number spawned by females (reproductive output)  
→ Differences between plastics and pollutants



# What about environmental MPs?

➤ MPs sampled on Guadeloupe beaches

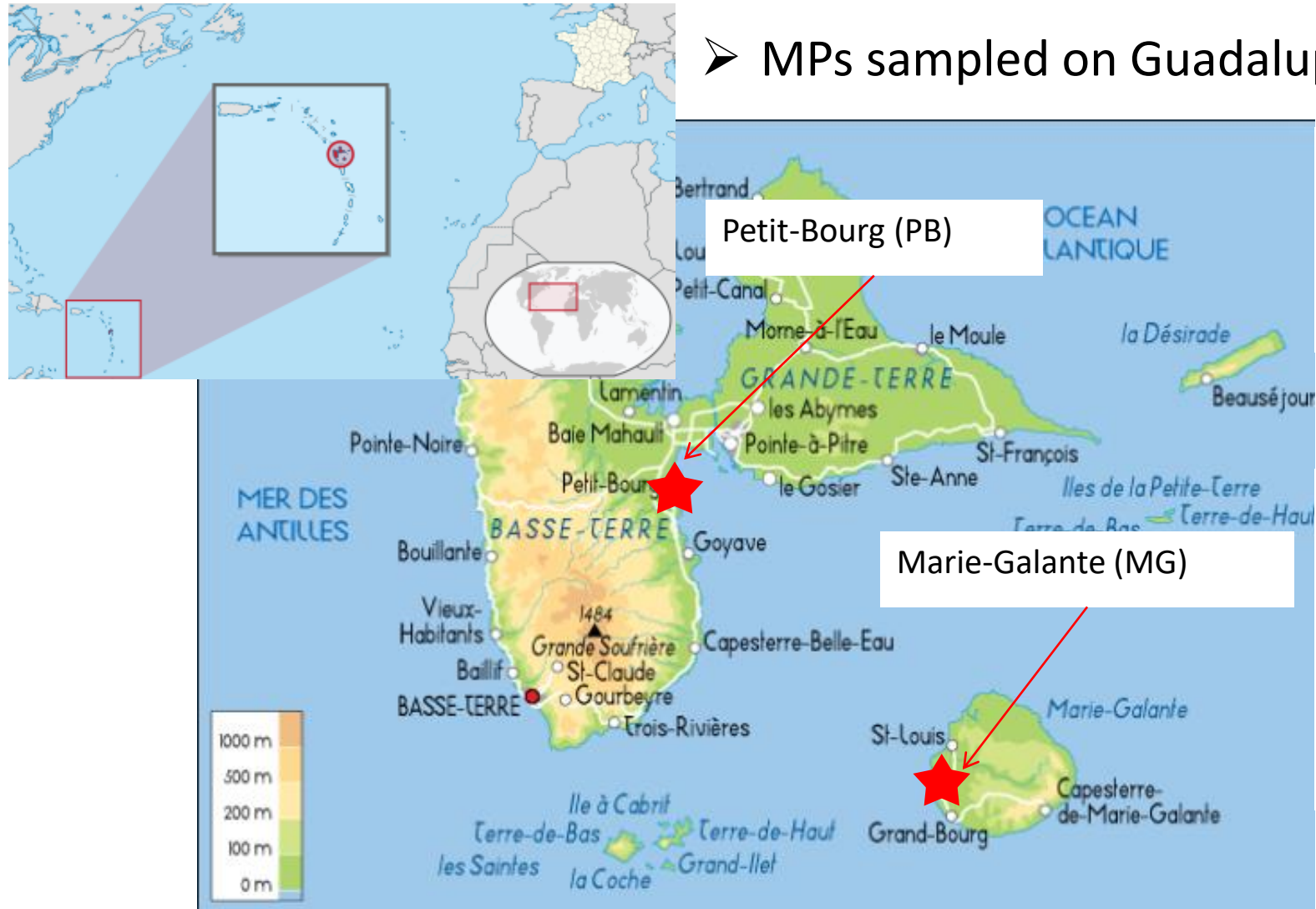


Table 1  
Polymer composition of microplastic samples from two different beaches in Guadeloupe archipelago (% in mass).

MPs composition	Marie-Galante	Petit-Bourg
Polyethylene	78.3	74.6
Polypropylene	21.2	24.8
Polystyrene	0.1	0.4
Polyvinyl acetate	0	0.2

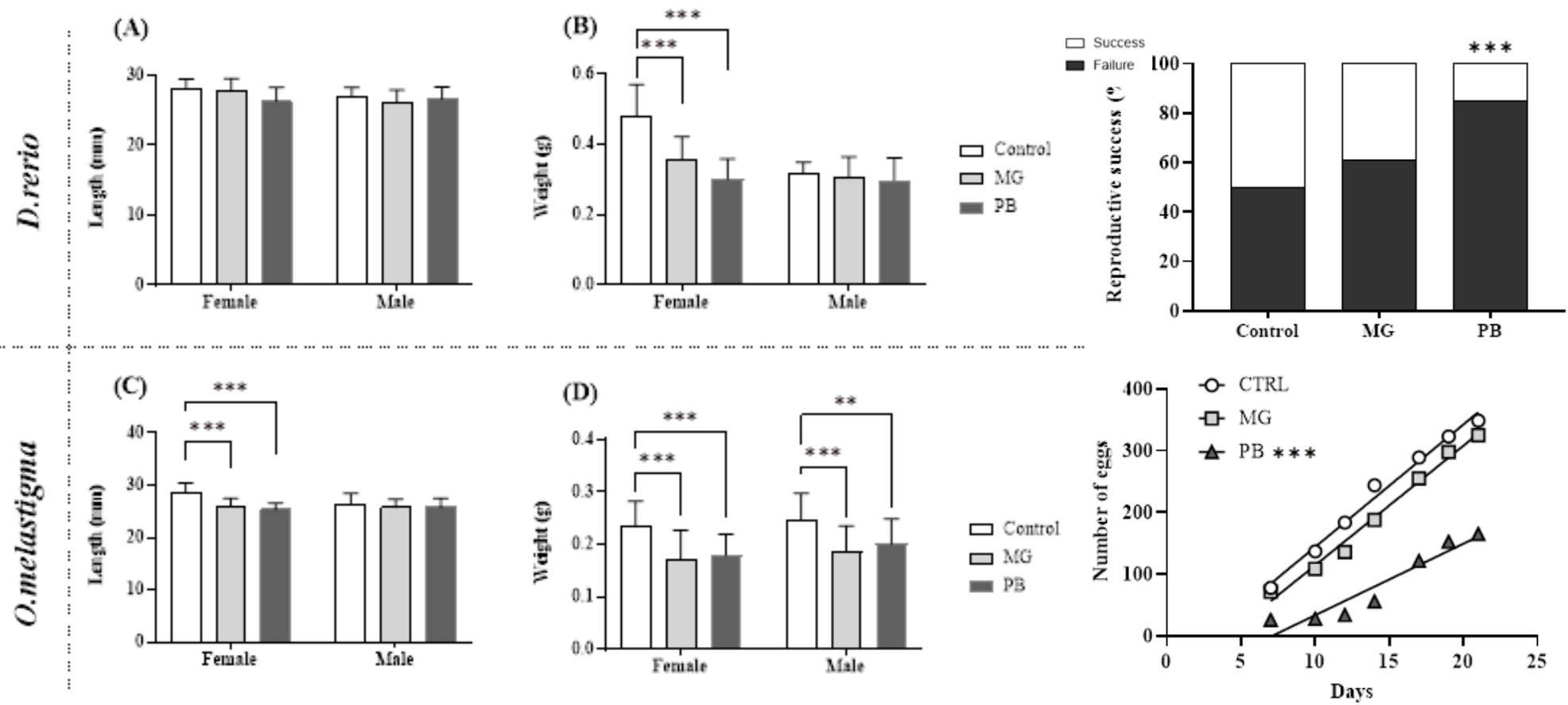
➔ Similar composition

Table 3  
Toxicity of leachates from microplastic samples (<250 μm) of a “virgin” polyethylene resin obtained from reference PE (PE Rotogal), Petit-Bourg (PB), Marie-Galante(MG) assessed using the sea urchin (48 h), the jellyfish (48 h) and the zebrafish (96 hpf) embryo-larval assays. Concentrations are expressed in equivalent g of MPs per liter. n.c.: not calculable (EC<sub>50</sub> >1 g/L).

	MPs sample	NOEC	LOEC	Toxicity units (TU = 1/EC <sub>50</sub> )
Sea urchin	PB	1.00	3.33	0.21 (0.10–0.25)
	MG	3.33	10.0	<0.1
Jellyfish	PB	<0.033	<0.033	2 (1–3)
	MG	0.033	0.10	n.c.
Zebrafish	PB	>50.0	>50.0	<0.02
	MG	>50.0	>50.0	<0.02

➔ No acute toxicity

# Chronic exposure to Guadalupe MPs



→ Long-term disruption of growth especially in females and independent of the sampling site  
 → Disruption of reproduction in fish exposed to PB MPs

# Chemical load of MG and PB MPs



Non target screening of organic chemicals qualitative results

Organic compounds	MG	PB
tribromophenol	+	+
tribromoanisole	+	+
dichlorinated PCB	+	+
trichlorinated PCB	+	+
dichlorobenzene	+	+
pentachlorobenzene	+	+
chloroacenaphthylene	+	+
trichlorobenzene	++	+
bumetizole	++	+
octabenzone	++	+
hydrocarbons	+	++
alkanes	+	++
phenol with an alkane chain	+	++
octadecanoic acid	+	++

Concentration of trace metal in MG and PB samples.  
Results are expressed in µg/ g

Metals	MG	PB
<sup>63</sup> Cu	31	<b>85</b>
<sup>206</sup> Pb	<b>102</b>	18
<sup>208</sup> Pb	<b>102</b>	18
<sup>66</sup> Zn	26	<b>292</b>
<sup>111</sup> Cd	<b>222</b>	9
<sup>52</sup> Cr	<b>47</b>	4.9

→ Hydrocarbons, alkanes and Cu may explain higher toxicity of PB MPs

# Conclusions on toxicity



- Depends on the way it is assessed
- **Regulatory tests often failed** to reveal toxicity
  - Too short, too insensitive and not necessarily suitable for MPs (e.g. buoyancy, aggregation)
- There are evidences of **toxicity after long-term exposure**
  - Growth (→ particles?) and reproduction (→ chemicals?)
  - Energy unbalance?
  - Potential consequences at population level
- There are evidences of toxicity due to adsorbed pollutants

# Still needed - Perspectives



- Validation of the energy unbalance hypothesis
  - Interference with microbiota
- Evaluation of smaller sizes
  - Combination with translocation potential
- Evaluation of other plastic types
  - e.g. fibres, polymers including biodegradable ones
- Interaction with pathogens
  - Role in disease transmission and health issues
- Evaluation of ecological relevance for chemical transfer
- High-throughput but relevant toxicity tests



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Lucette Joassard  
Didier Leguay  
Caroline Vignet  
Marie-Laure Bégout  
Xavier Cousin



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Jérôme Cachot



Bettie Cormier  
Mélanie Blanc  
Steffen Keiter



Let's keep our fish alive !

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